# P

## One Man's Journey to Feminism

Peter W. Pruyn

he / him / his\*

All photographs ©2020 Peter W. Pruyn unless otherwise noted. All rights reserved.

The text of this book is licensed by Peter W. Pruyn under Creative Commons license CC BY-NC-SA 4.0. This means you are free to:

Share: Copy and redistribute the material in any medium or format.

Adapt: Remix, transform, and build upon the material.

The licensor cannot revoke these freedoms as long as you follow the following terms: Attribution: You must give appropriate credit, provide a link to the license, and indicate if changes were made. You may do so in any reasonable manner, but not in any way that suggests the licensor endorses you or your use.

NonCommercial: You may not use the material for commercial purposes. ShareAlike: If you remix, transform, or build upon the material, you must distribute your contributions under the same license as the original.

For full details of this license see: https://creativecommons.org/licenses/by-nc-sa/4.0/

Diagrams that are ©2020 Peter W. Pruyn may be reproduced for non-commercial purposes with attribution.

For additional copyright usage and permissions, see the Copyright Notices section in the Appendix.

Revision 2020-12-01

This book is available for free at:

upthememoir.com upthememoir.uk upthememoir.org



## One Man's Journey to Feminism

## Peter W. Pruyn

he / him / his\*

Content warning:
Contains descriptions of physical and emotional violence

<sup>\*</sup> Pronounced "prine". He/him/his: This is the set of pronouns I ask others to use when referring to me. People who identify as transgender or gender nonconforming may use pronouns that do not conform to binary male/female gender categorizations, such as "they, them, theirs."

### **Epilogue**

"All suffering is bearable if it is seen as part of a story."

— Isak Dinesen

#### Many Trails

A Native American story adapted from Bill Miller<sup>128</sup>

There once was a girl who heard the sound of the Whippoorwill for the first time, and she was enchanted. She felt compelled to go see this bird that was singing so beautifully. So the girl set off in the direction of the song, only to discover that Whippoorwill was a lot farther away than she had anticipated because the wind had been carrying the song along. So when the girl came across a well-worn trail across a field, she took it—only to discover Coyote sitting in the middle of it, and Coyote was singing, too. When Coyote heard the girl he turned and said, "What are you doing here?" The girl was frightened and said, "Oh, well, your path was an easy way to get to the other side of this field."

And Coyote said, "Well, if you're not following me, then ... why are you here?"

The girl said, "Oh, I heard the song of Whippoorwill, and I wanted to see him sing."

"Do you not think my songs are beautiful?", asked Coyote.

The girl replied, "Oh, I like your songs well enough, but I hear you all the time. It was Whippoorwill who I heard for the first time today."

And Coyote said, "Listen to my new night song; you're going to like this one," and he tilted back his head and let out a yodel. Well, the girl covered her ears, and after Coyote had finished she said, "Thank you for the song, but I must be going."

Coyote called after her, "Hold on there a second, girl! It just so happens I know a shortcut to Whippoorwill, and it's just over there," he said pointing with his paw.

The girl looked around. Dusk had already come and gone, and it's true: she didn't know the way. So, she decided to follow Coyote. She quickly discovered, however, that Coyote's trail was a lot rougher and rockier than she had anticipated. Not only that, Coyote kept speeding up until he was practically at a full trot. Coyote yelled over his shoulder, "Hurry up, girl! We're almost there!"—just as the girl fell in yet another gopher hole.

So the girl picked herself up, brushed off her skinned knee, and finally reached Whippoorwill's spot—only to discover that Whippoorwill was no longer there. Coyote was no longer there, either; he was now off singing in some other distant field. The night had gone, too, and so as the dawn slowly rose in the east, the girl turned and headed for home with her burrs, bruises, and mosquito bites.

<sup>&</sup>lt;sup>128</sup> Bill Miller is a Native American artist and musician. This story is adapted from his album: Miller, Bill, "Many Trails," The Red Road, Warner Music, 1993.

It would only be many summers later that this girl would become a much wiser woman. And she would realize: *there are no shortcuts* to finding the thing you really love. But: there are many trails in life, so the best you can do is to be true to your own path—and, always, be on the look-out ... for Coyote.

### **Copyright Notices**

The following copyrighted materials are being used without a license from their respective copyright owners, but under a good faith belief that my unlicensed use is done fairly and in accordance with Section 107 of the Copyright Act of 1976.

- American Psychiatric Association, *Diagnostic and Statistical Manual of Mental Disorders, 5th ed.* (American Psychiatric Association, 2013), pp. 669-670.
- Christ, Carol P. Patriarchy as a System of Male Dominance Created at the Intersection of the Control of Women, Private Property, and War, Part 1, feminismandreligion.com, February 18, 2013. Retrieved from: https://feminismandreligion.com/2013/02/18/patriarchy-as-an-integral-system-of-male-dominance-created-at-the-intersection-of-the-control-of-women-private-property-and-war-part-1-by-carol-p-christ/.
- Collins, Michael. *Carrying the Fire: An Astronaut's Journeys* (New York: Farrar, Straus and Giroux, 1974), pp. 401-402.
- Eliot, T. S. Four Quartets (Harcourt Brace and Company, 1943), p. 59.
- Ely, Robin J., Debra E. Meyerson. "Unmasking Manly Men: The Organizational Reconstruction of Men's Identity," Academy of Management Annual Meeting Proceedings, 2006(1).
- Hallowell, Edward and Ratey, John. Driven to Distraction: Recognizing and Coping with Attentions Deficit Disorder from Childhood through Adulthood (Touchstone Books, 1992), p. 158.
- Handbill distributed by the National American Woman Suffrage Association, 1919, "Seeing is Believing! Finish the Fight!", Florence Luscomb Papers, folder 640. Schlesinger Library for the History of Women in America, Radcliffe Institute.
- Hudson, Valerie M., Donna Lee Bowen, and Perpetua Lynne Nielsen. *The First Political Order. How Sex Shapes Governance and National Security Worldwide*, (Columbia University Press, 2020), p. 347.
- McCartney, Paul and John Lennon, All My Loving, 1963. Copyright 1963, Paul McCartney, Yoko Ono, Sean Ono Lennon, Julian Lennon.
- Miller, Bill. "Many Trails", The Red Road, Warner Music, 1993.
- Miller, Claire Cain. "The Problem for Women Is Not Winning. It's Deciding to Run", The New York Times, October 25, 2016.
- Pipher, Mary. Reviving Ophelia: Saving the Selves of Adolescent Girls (New York: Penguin, 2005), pp. 254-255
- Pruyn, Peter and Michael Sterling (2006). "Space Flight Resource Management: Lessons Learned from Astronaut Team Learning", Reflections Journal, Society for Organizational Learning, 7:2. These materials are sponsored by the National Aeronautics and Space Administration under Contract NAS9-20000. The U.S. Government retains a paid-up, nonexclusive, irrevocable worldwide license in such materials to reproduce, prepare derivative works, distribute copies to the public, and to perform publicly and display publicly, by or on behalf of the U.S. Government. All other rights are reserved by United Space Alliance, LLC.

Silkscreen Protesting Unequal Access of Women to Harvard, Red woman symbol with fist and equal sign worn at Harvard commencement, Amy Brodkey Papers, 1970-1972, Hollis #olvwork601147; and White Fabric Featuring Woman Symbol Printed in Red with Equals Sign Enclosed, Radcliffe College Archives Memorabilia Collection, Hollis #olvwork596564. Schlesinger Library on the History of Women in America, Radcliffe Institute.

Solnit, Rebecca. Cinderella Liberator (Haymarket Books, 2019), p. 18.

Tannen, Deborah. You Just Don't Understand: Women and Men in Conversation, (Ballantine Books, 1990), pp. 77, 87.

The following copyrighted and trademarked sources are used with permission.

Gwinn, Dave. "CRM", The Pilot's Audio Update (Belvoir Media Group, January, 1995). Used with Permission.

Aron, Elaine. *The Highly Sensitive Person: How to Thrive When the World Overwhelms You* (Broadway Books, 1997). Cover image used with permission of Kensington Books.

Weekend 1 Training Manual of the Two Part EMDR Therapy Basic Training (EMDR Institute, Watsonville, CA, 2016), p. 27. Used with permission.

Kramer, Vicki, Alison Konrad, and Sumru Erkut. "Critical Mass on Corporate Boards: Why Three or More Women Enhance Governance" (Wellesley Centers for Women, 2006). Used with permission.

Trademark by David O. Smith, 2016. Used with permission.